

Group Fitness Classes

Discover **Bodywise**, a collection of dynamic, small group training classes designed to challenge, motivate and inspire you. Conveniently offered at several locations throughout MSD of Wayne Township, classes are just around the corner and affordable. Call a friend and join us today. See you in class!

Bodywise CLASS	DAYS	TIME	LOCATION	COMMITMENT OPTION	COST \$					COST \$ PER SESSION <i>single class sessions not available to purchase</i>
					[BASED ON SELECTED COMMITMENT OPTION]					
					JAN	FEB	MAR	APR	MAY	
AQUA AEROBICS	M + W	4:15 to 5pm BEGINS JAN 9	Lynhurst Center Pool	SINGLE MONTH	\$36	\$48	\$48	\$42	\$42	\$6
				5 MONTH PACKAGE — SAVE \$36	\$180*					\$5
	M + W	6:45 to 7:30pm BEGINS JAN 18	Ben Davis High School Pool	SINGLE MONTH	\$24	\$48	\$48	\$42	\$42	\$6
				5 MONTH PACKAGE — SAVE \$34	\$170*					\$5
FITNESS FUSION	SAT	10:15 to 11am BEGINS JAN 14	Ben Davis University Fitness Center	SINGLE MONTH	\$18	\$24	\$30	\$18	\$24	\$6
				5 MONTH PACKAGE — SAVE \$19	\$95*					\$5
YOGA	SAT	9 to 10:15am BEGINS JAN 14	Ben Davis University Room PG6	SINGLE MONTH	\$24	\$32	\$40	\$24	\$32	\$8
				5 MONTH PACKAGE — SAVE \$19	\$133*					\$7
	WED	5:45 to 7pm BEGINS FEB 8	Ben Davis University Room PG6	SINGLE MONTH	—	\$32	\$32	\$24	\$32	\$8
				4 MONTH PACKAGE — SAVE \$15	\$105*					\$7
ZUMBA	M	6:15 to 7pm BEGINS JAN 9	Ben Davis University Gym 102	SINGLE MONTH	\$18	\$18	\$24	\$24	\$18	\$6
				UNLIMITED CLASSES — SAVE 70%	\$29 per month*					Less than \$2
	T	6:15 to 7pm BEGINS JAN 10	Ben Davis University Gym 102	SINGLE MONTH	\$24	\$24	\$24	\$18	\$24	\$6
				UNLIMITED CLASSES — SAVE 70%	\$29 per month*					Less than \$2
	W	6:15 to 7pm BEGINS JAN 11	Ben Davis University Gym 102	SINGLE MONTH	\$18	\$30	\$24	\$18	\$24	\$6
				UNLIMITED CLASSES — SAVE 70%	\$29 per month*					Less than \$2
	TH	6:15 to 7pm BEGINS JAN 12	Ben Davis University Gym 102	SINGLE MONTH	\$18	\$24	\$30	\$18	\$24	\$6
				UNLIMITED CLASSES — SAVE 70%	\$29 per month*					Less than \$2
	SAT	9:15 to 10am BEGINS JAN 14	Ben Davis University Gym 102	SINGLE MONTH	\$18	\$24	\$30	\$18	\$24	\$6
				UNLIMITED CLASSES — SAVE 70%	\$29 per month*					Less than \$2

*package pricing cannot be pro-rated